



# **Demystifying Meaningful Coincidences (Synchronicities): The Evolving Self, the Personal Unconscious, and the Creative Process**

*Gibbs A. Williams*

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*Demystifying Meaningful Coincidences (Synchronicities): The Evolving Self, the Personal Unconscious, and the Creative Process* offers an original theory of the nature of meaningful coincidences (synchronicities) and their practical use from a naturalistic (nonsupernatural and non-Jungian) perspective. The findings are the outgrowth of Gibbs A. Williams's forty-year investigation, both as a professional observer of some of his synchronicity prone patients receiving psychoanalytic psychotherapy as well as of his own intimate experience of these intellectually challenging and emotionally powerful occurrences. His naturalistic perspective is in marked contrast to the findings of Jung and his followers, who view these odd events as "channeled" messages from a transcendent realm of spiritual reality. Instead, Williams concludes that meaningful coincidences are the surface manifestations of an individual's unique creative process, accommodating the "best" available resolution of a problem for a person initially feeling "stuck" in a seemingly intractable dilemma.

While his analysis robs the magic associated with only reacting to the "numinous uncanny aura" associated with synchronicities, it nevertheless affirms a wondrous appreciation for the creative capacities of each person to order his or her own chaos. Readers are treated to a rich mine of historical data, novel concepts, and theoretical insights drawn from speculative philosophy, depth psychology, and esoteric occult and spiritual traditions, and they are shown how to decode their own synchronicities in order to be able to use their embedded "messages" for increased self-awareness, cohesiveness, and expanding consciousness.

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