



Dealing with the Loss of a Pet and Learning to Love a New One: A True Story of Lessons Learned and How Any Pet Owner Can Feel Joy Again

Brandon Casteline

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Discover how to ease the pain of losing your pet, and learn to smile again.

Happiness comes when a key lesson is applied to your life, and you can begin right away.


There's no doubt about it. Suffering the loss of a pet can be one of the most traumatic moments you can ever experience. In answer to this, author Brandon Casteline takes readers on a clear path to love and joy again -- one designed to cut straight through the pain and deliver a true sense of closure.

Casteline provides a unique pairing of literary styles in order to accomplish this. Part true story and part “how-to” advice, this book offers wisdom on dealing with the loss of a cat, the loss of a dog, or the passing of any other type of pet. Primarily a cat owner these days, the author includes warm and genuine guidance on the various challenges one might deal with when mourning their pet, backed by a detailed story of loss, grief, and how to find your way back to happiness – all from someone who’s faced and overcome these same challenges himself.

Notable parts of the book include:

- an intimate look into the sadness and struggles the author faced as both a child and as an adult when a pet was lost
 - the author’s personal method for overcoming the grief that inevitably followed each time a pet passed away
 - a full account of all the types of pets the owner has cared for over the course of his life
 - straightforward and honest detail regarding what it means to grieve the loss of a pet and learn to love a new one
 - one final “easy-to-follow” special lesson that will tie all of the ideas together and demonstrate how simple learning to love a new pet can really be
- **From the author’s introduction:** I made the decision to write this book after seeing that the things I’ve learned were truly helping friends of mine who recently lost a pet themselves. It is through their encouragement that I sat down in front of my computer and put into words some of the saddest and happiest experiences I’ve ever gone through. A thing I’ve noticed about most “how to” books on coping is that they always seem to be somewhat sterile and detached from the emotions of the issue at hand. But when it comes to losing a pet, there’s no way around it -- The emotions are raw. They’re real. And they matter in a way that words can never convey. So I decided that rather than writing a clinical book on the stages of mourning, or a breakdown of human coping skills and psychology, a better way of

delivering my message would be to offer the valuable lessons I've learned – and include them WITH my story of the wonderful pets I have lost and how I actually handled their passing. In other words, before offering any real advice, it would be my obligation to tell you what I've been through so that you can apply my experiences and find genuine comfort and relief in your own life. Ultimately, like the title says, this book has been written to offer a guiding light to you – one, that when followed, is designed to lead you through the mourning process in as effective a way as I have ever experienced myself. May it bring you the same benefit.

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