



American Diabetes Association Guide to Medical Nutrition Therapy for Diabetes (Clinical Education Series)

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This comprehensive book presents a research-based approach to clinical nutrition therapy for people with diabetes.

Contents Include:

- The Challenge:
- Integrating Nutrition Therapy into Diabetes Management
- Nutrition Issues Related to Glucose and Lipid Goals/Outcomes
- Nutrition Issues of Special Populations
- Nutrition Therapy for Hypertension, Nephropathy, Gastropathy, and Others
- Nutrition Self-Management Education
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