



2P's Treasures CookBook: No Sugar, No Dairy-- Made with Spelt for Allergies, Candida & Diabetes

Jeannine Edwards

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2P's Health Kitchen Restaurant in Vernon, B.C., Canada (Simulcast B.C. Television) cooks for her community from these tasty recipe treasures. This Cook Book will save your life! 2P's Treasures is filled with "Inulin" producing foods and recipes for your health. You can have flavor and sweets the healthy way. Enjoy! From My Kitchen to Your Kitchen, With Love, 2P Edwards

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