



# Family Matters: Interfaces between Child and Adult Mental Health

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# **Family Matters: Interfaces between Child and Adult Mental Health**

## **Family Matters: Interfaces between Child and Adult Mental Health**

Family Matters focuses on research and clinical material which bridges the traditional gap between child and adult mental health. Rather than considering child and adult problems separately, the authors address the often complex interactions between the two, covering such topics as:

- The implications of childhood trauma in later life
- The impact of parental mental health problems on children
- How interactions within a family can affect the mental health of all individuals within the family

The authors review existing research and cover their own recent studies and practical experience, and put forward new theoretical models to underpin their recommendations for changes in practice, such as liaison initiatives between child and adult services and specialised services to treat adolescents, parenting breakdown and perinatal psychiatric illness.

The findings and recommendations in *Family Matters* have important implications for the organisation and funding of mental health and related services, and staff training, and should be read by all those in professions concerned with child and adult mental health, including psychiatrists, family therapists, psychotherapists, nurses, health visitors and social workers, and health service managers.



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