



Art Therapy in the Early Years: Therapeutic interventions with infants, toddlers and their families

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Art therapy with infants, toddlers and their families is an exciting and developing area of practice. With contributions from Australia, the United Kingdom and Spain, *Art Therapy in the Early Years* has an international flavour. The authors describe clinical art psychotherapy practice with children under five and their families in settings that include children in care, mental health clinics, paediatric wards, pre-schools, and early intervention programs.

Divided into three sections, *Art Therapy in the Early Years* presents different clinical environments in which art psychotherapy with this client group is found:

- individual art therapy;
- group art therapy;
- parent-child dyad and family art therapy.

The book proposes that within these different contexts, the adaptive possibilities inherent in art psychotherapy provide opportunities for therapeutic growth for young children and their families.

Art Therapy in the Early Years will be of interest to art therapists working with children; students and practitioners from creative arts therapies; psychologists and psychotherapists; social workers; pre-school teachers; child psychiatrists, clinical supervisors, and other professionals working in the early years settings.

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