



Sleepwalk with Me: and Other Painfully True Stories

Mike Birbiglia

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Hello, I am Mike Birbiglia and I want you to read my book. Too on the nose? Sorry. Let me dial it back.

I'm Mike Birbiglia and I'm a comedian. You may know me from Comedy Central or *This American Life* or *The Bob & Tom Show*, but you've never seen me like this before.

Naked.

Wait, that's the name of another book. Also I'm not naked as there are no pictures in my book. Also, if there were naked pictures of me, you definitely wouldn't buy it, though you might sneak a copy into the back corner of the bookstore and show it to your friend and laugh. Okay, let's get off the naked stuff.

This is my first book. It's difficult to describe. It's a comedic memoir, but I'm only 32 years old so I'd hate for you to think I'm "wrapping it up," so to speak. But I tell some personal stories. Some REALLY personal stories. Stories that I considered not publishing time and time again, especially when my father said, "Michael, you might want to stay away from the personal stuff." I said, "Dad, just read the dedication." (Which I'm telling you to do too.)

Some of the stories are about my childhood, some are about girls I made out with when I was thirteen, some are about my parents, and some are, of course, about my bouts with sleepwalking. Bring this book to bed. And sleepwalk with me.



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John Tammaro:

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