



# **The Mulligan Concept of Manual Therapy: Textbook of Techniques**

*Wayne Hing, Toby Hall, Darren A Rivett, Bill Vicenzino, Brian Mulligan*

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## **Perfect for:**

- Manual therapists, including:
  - o Physiotherapists
  - o Osteopaths
  - o Chiropractors
- Undergraduate and post graduate students in:
  - o Physiotherapy
  - o Sports and Exercise Science
  - o Osteopathy
  - o Chiropractic

**An essential reference for the manual therapist seeking to improve patient's movement using pain-free hands-on techniques.**

Designed as a companion to Mulligan Concept training courses, the text is divided by:

- Body regions with techniques highlighting key information to assist with clinical reasoning and assessment
- Patient and practitioner positioning, guidelines for application and further adjustments.
- Covers a range of Mulligan techniques including Mobilisation With Movement and Pain Release Phenomenon
- Dictionary of annotations for techniques described
- Step-by-step instructions to over 160 Mulligan techniques
- Highly illustrated
- Over 40 expert contributors from 15 countries
- Home exercises and taping techniques also included.



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