



The Evolving Soul: Spiritual Healing Through Past Life Exploration

Linda Backman

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Balancing past-life karma is the key to soul evolution. In *The Evolving Soul*, Dr. Linda Backman shows how healing relationships, caring for one's self, and working through fear and loss can help you mend the wounds of your past lives.

Using wisdom she's amassed from hundreds of hypnotic regression clients, Dr. Backman shows how people create the pre-birth blueprints that infuse life with purpose. Uncover the ways spirit guides and the ascended masters can influence your opportunities for growth. Discover the seven soul archetypes and your soul ray. Providing fascinating examples from dozens of regression clients, *The Evolving Soul* also includes questions and prompts to help readers gain profound insights.

Praise:

“It is crucial that Dr. Linda Backman’s *The Evolving Soul* be widely read.”—Larry Dossey, MD, author of *One Mind*

“An extraordinary fount of wisdom and deep thought.”—P. M. H. Atwater, LHD, author of *The Big Book of Near-Death Experiences*

“Now is the time to heal yourself at a soul level.”—C. Norman Shealy, MD, PhD, author of *90 Days to Self-Health*

“If you’ve ever wondered what your life is truly about, this book is a wondrous place to look.”—Robert Schwartz, author of *Your Soul’s Gift: The Healing Power of the Life You Planned Before You Were Born*

“An uplifting book that will change the way you see yourself and your relationship to the cosmos.”—Carol Bowman, author of *Return from Heaven*



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From reader reviews:

Scott Ridgway:

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