



# **The Everything Health Guide to Schizophrenia: The latest information on treatment, medication, and coping strategies (Everything®)**

*Dean Haycock*

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## **The Everything Health Guide to Schizophrenia: The latest information on treatment, medication, and coping strategies (Everything®) Dean Haycock**

The effects of schizophrenia can be devastating for both the 3.3 million adults living with the disease as well as their families and friends. This guide offers help to those who suffer from schizophrenia and their loved ones, including information on how to:

- Get a correct diagnosis
- Understand the various types of schizophrenia
- Handle resulting problems such as substance abuse
- Find the right doctor
- Choose and manage medications
- Find support from family, friends, and the community
- Volunteer and spread awareness for the cause

Symptoms of schizophrenia and resulting problems can be severe. In this book, sufferers find the information, reassurance, and advice they need to work toward a better life.



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