



# Por uma vida mais Simples (Portuguese Edition)

*André Cauduro D'Angelo*

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**Por uma vida mais Simples (Portuguese Edition)** André Cauduro D'Angelo

Milhares de pessoas estão começando a priorizar sua qualidade de vida e fazer da simplicidade voluntária um fascinante fenômeno de comportamento. Por uma Vida Mais Simples narra trajetórias de pessoas que em algum momento sentiram-se descontentes com a vida que levavam e promoveram mudanças em busca de algo que as fizesse mais felizes. Em comum entre elas, o fato de terem optado por simplificar a própria vida. Neste livro você vai conhecer a história de muitos brasileiros que optaram por abrir mão de estilos de vida convencionais em nome de outros, mais frugais, mas muito mais gratificantes.

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