



Celestial Healing: Energy, Mind and Spirit in Traditional Medicines of China, and East and Southeast Asia

Marc Micozzi

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Historically, the influence of the Chinese medical tradition extended East to Korea and Japan and as far South as the Malay Peninsula. As the distinct ethnomedical traditions of these regions encountered the traditional medicines of mainland China, they absorbed and transmuted them based on their own herbal and plant resources and indigenous healing practices.

Providing a panoramic overview of the ethnomedical traditions of China, the Malay Peninsula, the Indonesian Archipelago, the Philippines, Vietnam, Burma, Thailand, Korea, and Japan, Dr. Marc Micozzi offers compelling new insights into the influence of the essentially Chinese expression of vital energy, *qi*, in these traditions, as well as of the pull towards other cultural influences, such as India. Dr. Micozzi discusses evidence for the efficacy of these healing practices, their influence in the West, and explores how a Western reader might consider seeking a practitioner from one of these traditions.

This groundbreaking book will be of interest to practitioners of Chinese, and East and Southeast Asian medical traditions, complementary and alternative health, as well as anyone with an interest in Chinese and East and Southeast Asian approaches to health and wellbeing.



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