



# 30 Day Green Smoothie Recipes: Lose Weight and Add 10 Years to Your Life in Under 30 Days

*Jerry Newsome*

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## Want to Rapidly Lose Weight and Add Years to Your Life?

Finally! A 30-day diet that will help detox and revitalize your system. Expect more energy and a slimmer body.

The recipes in this book have been carefully designed to start the detoxing process and are fortified with antioxidants that are known to slow down the aging process.

Here is why you won't regret purchasing this book:

- Lose weight without intense workouts
- Start to easily burn stubborn body fat
- Finally remove inches off your waist
- Learn how to live a healthy lifestyle with little effort
- Learn a simple and easy workout that will be amazing for your health
- Start to eat healthy and enjoy it
- Add years to your life with one simple diet change
- Fit into clothes you haven't been able to in years

What are you waiting for? For the cost of a coffee, you can change your life now!



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#### **Craig Rushing:**

The book untitled 30 Day Green Smoothie Recipes: Lose Weight and Add 10 Years to Your Life in Under 30 Days contain a lot of information on that. The writer explains the woman idea with easy way. The language is very clear to see all the people, so do certainly not worry, you can easy to read this. The book was written by famous author. The author will bring you in the new period of time of literary works. It is

easy to read this book because you can please read on your smart phone, or device, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can start their official web-site in addition to order it. Have a nice learn.

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