



# **LT & Me: What Raising a Champion Taught Me about Life, Faith, and Listening to Your Dreams**

*Loreane Tomlinson*

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When San Diego Chargers running back and NFL MVP LaDainian Tomlinson (“LT”) was a senior in high school, he wrote his mom a letter making three promises: He was going to go to college, he was going to play professional football, and he was going to make her the proudest mother in the world. In *LT & Me*, Loreane Tomlinson tells the behind-the-scenes story of how all of these once seemingly impossible dreams came true. Her fascinating and poignant tales of raising LT through her days as a struggling single mom, and watching him doggedly overcome obstacles in his quest for greatness, will inspire you to bring out the champion in your kids—and in yourself. Contains a foreword by LaDainian Tomlinson and a color photo insert.

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