



# Intimate Attachments: Toward a New Self Psychology

*Morton Shane MD, Estelle Shane, Mary Gales*

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Offering new ways of thinking about the intimate connections between analyst and patient, this lucid, clinically oriented volume presents an innovative model of psychoanalytic change. The authors integrate current findings in self psychology, attachment and infant research, and developmental systems theory to demonstrate the transformative power of interpersonal sharing between both members of the dyad.

Interweaving conceptual material and careful guidelines for practice with case studies and clinical commentary, INTIMATE ATTACHMENTS illuminates the power of the psychoanalytic process and affords readers a heightened level of creativity, freedom, and spontaneity in their therapeutic work.



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