



I Brake for Yard Sales: And Flea Markets, Thrift Shops, Auctions, and the Occasional Dumpster

Lara Spencer

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Good Morning America correspondent Lara Spencer is a self-confessed frugalista with a passion for shopping at yard sales, thrift shops, and estate sales, and for decorating her home and friends' homes with her fabulous finds. In *I Brake for Yard Sales*, Lara shares her secrets for bargain hunting and tells you where to shop, what to look for, how to pay for it, how to restore it, and finally, where to put it in your house. Looking for the newest arrivals at your local thrift shops? After busy Saturdays and no-pick-up Sundays, Tuesdays and Wednesdays are generally the best days to shop for fresh items. Peppered with wisdom from world-renowned appraisers whom Lara knows from her previous work on *Antiques Roadshow* as well as contributions from well-known designers, this book also features the house of comedienne and good friend Kathy Griffin, which Spencer herself refurbished and decorated.

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