



Changing Aging, Changing Family Therapy: Practicing With 21st Century Realities (Family Therapy and Counseling)

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As the baby boomers move into retirement and later stages of life, gerontology and geriatrics have begun to receive much more attention. *Changing Aging, Changing Family Therapy* explores the ways in which family therapists' expertise in systems theory makes them uniquely qualified to take a leading role in helping families and individuals cope with the challenges and changed circumstances that aging brings. Clinicians will find detailed coverage and practical guidelines on a wealth of vital topics, including coping with the illness of a parent or partner, working past retirement age, outliving one's savings, preserving physical and mental well-being over time, and more.



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