



# Drawing to God: Art as Prayer, Prayer as Art

*Jeri Gerdin*

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## **Drawing to God: Art as Prayer, Prayer as Art** Jeri Gerding

Art has always been a major part of Jeri Gerding's life, whether teaching it in the classroom, practicing it as a lifelong hobby or using it as a psychotherapist to encourage her patients to translate their emotions into images. Because of that, Gerding always wanted to incorporate art with another passion of hers, prayer.

In Drawing to God, Gerding shows those with or without a talent for art how to use drawing and painting as a way of opening to God. Gerding says art reveals new insight about what is presently of concern, and where we may be blocked in terms of personal and spiritual growth.

With 15 art exercises, Gerding focuses on activities that increase awareness of our inner selves, others and God in the natural world. Drawing to God encourages us to develop a prayer life through visual symbols difficult to put into words. The activities are simple and samples of artwork are provided.

Art is not meant to be a primary form of prayer. It is meant to augment whatever an individual is practicing. Art helps us confront the uncertainty in our prayer lives and surrender to a process we cannot control. Because of this, we are able to open up and make new discoveries about ourselves and our relationship with God.

Drawing to God provides another method of prayer in which intimate thoughts and feelings can bring us closer to God. Gerding helps us release imagery from the unconscious in order to reveal parts of ourselves and God previously hidden from view.



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A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or maybe playing video games all day long. If you want to try to find a new activity here is look different you can read any book. It is really fun in your case. If you enjoy the book that you read you can spent the entire day to reading a reserve. The book Drawing to God: Art as Prayer, Prayer as Art it is rather good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. When you did not have enough space bringing this book you can buy the e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not too expensive but this book features high quality.

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Reading can called mind hangout, why? Because while you are reading a book especially book entitled Drawing to God: Art as Prayer, Prayer as Art your thoughts will drift away trough every dimension, wandering in every single aspect that maybe unknown for but surely can become your mind friends. Imaging each word written in a book then become one application form conclusion and explanation that will maybe you never get just before. The Drawing to God: Art as Prayer, Prayer as Art giving you a different experience more than blown away your brain but also giving you useful info for your better life with this era. So now let us explain to you the relaxing pattern the following is your body and mind will likely be pleased when you are finished reading through it, like winning an activity. Do you want to try this extraordinary paying spare time activity?

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This Drawing to God: Art as Prayer, Prayer as Art is great e-book for you because the content which can be full of information for you who have always deal with world and still have to make decision every minute. This kind of book reveal it data accurately using great manage word or we can say no rambling sentences inside. So if you are read this hurriedly you can have whole data in it. Doesn't mean it only offers you straight forward sentences but tricky core information with beautiful delivering sentences. Having Drawing to God: Art as Prayer, Prayer as Art in your hand like obtaining the world in your arm, info in it is not ridiculous one particular. We can say that no publication that offer you world with ten or fifteen small right but this guide already do that. So , it is good reading book. Hi Mr. and Mrs. active do you still doubt this?

#### **David Baxter:**

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condition of this world now. This book was represented how do the world has grown up. The words styles that writer value to explain it is easy to understand. The writer made some analysis when he makes this book. Honestly, that is why this book suited all of you.

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