



The Patient in the White Coat: My Odyssey from Health to Illness and Back

Rosalind Kaplan

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A wise and moving memoir of a young doctor's journey from health to illness and back again. Rosalind Kaplan had it all: loving husband, newborn son, and an Ivy-League medical degree with a promising career ahead. That was, until the day when an accidental "stick" with an infected needle changed everything. In one day, Rosalind Kaplan went from doctor-poised, confident, and in control, to patient-isolated, unsure, and terrified. At the time, Hepatitis C was incurable and rife with stigma, and the last thing Dr. Kaplan expected to be dealing with. She enrolled as a subject in medical studies on the disease, pushed herself through long days at work, and struggled to keep her relationship with her family and friends exactly as it once was. Her courage and determination paid off, but only with the painful realization that even the strongest individuals must sometimes accept the support of family, friends, and doctors. Now, Dr. Kaplan shares her unique perspective on the fascinating world of medicine.



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