



For the Love of Soup

Jeanelle Mitchell

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Soups are the ultimate comfort food. In For the Love of Soup, the companion book to For the Love of Salad, Jeanelle Mitchell provides us with over 100 delicious and versatile soup recipes with an emphasis on low-fat and low-sodium cooking. Using fresh produce, herbs and spices for flavor, even rich and creamy soups can be made healthier while retaining their great taste. These soups are delicious and easy to prepare! Clear instructions and special sections of Helpful and Healthful Tips make this collection perfect for novice cooks or anybody looking for healthy and simple meals. Proceeds from this book will help support the author's handicapped nephew Yves, who was severely injured in an auto accident. This perennial kitchen classic has been colorized and updated for 2010. Don't miss this beautiful companion to For the Love of Salad! Warm up with recipes like: . Broccoli and Fennel Soup with Parmesan . Wild Mushroom and Basmati Rice Soup . Roasted Sweet Potato Soup with Ginger Crisp . Turkey Barley Soup . Ginger Orange Carrot Soup

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David Hernandez:

Spent a free the perfect time to be fun activity to complete! A lot of people spent their free time with their family, or their friends. Usually they doing activity like watching television, about to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Will you something different to fill your personal free time/ holiday? May be reading a book may be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to consider look for book, may be the e-book untitled For the Love of Soup can be great book to read. May be it may be best activity to you.

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