



**The Everything Parent's Guide to Children with  
Executive Functioning Disorder: Strategies to help  
your child achieve the time-management skills,  
focus, ... to succeed in school and life  
(Everything®)**

*Rebecca Branstetter*

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## **The vital skills children need to achieve their full potential!**

Being organized. Staying focused. Controlling impulses and emotions.

These are some of the basic executive functioning (EF) skills children need to function and succeed as they grow. But what can you do if your child is struggling with one or all of these skills? With this hands-on guide, you'll learn what EF difficulties look like and how you can help your child overcome these challenges. Psychologist Rebecca Branstetter teaches you how to help improve the executive functions, including:

- Task initiation
- Response inhibition
- Focus
- Time management
- Working memory
- Flexibility
- Self-regulation
- Completing tasks
- Organization

With checklists to help enforce skills and improve organization, *The Everything Parent's Guide to Children with Executive Functioning Disorder* is your step-by-step handbook for helping your child concentrate, learn, and thrive!

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**From reader reviews:**

**Susie Vadnais:**

People live in this new morning of lifestyle always try to and must have the time or they will get lots of stress from both everyday life and work. So , whenever we ask do people have extra time, we will say absolutely yes. People is human not a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to you of course your answer will unlimited right. Then ever try this one, reading textbooks. It can be your alternative within spending your spare time, often the book you have read will be The Everything Parent's Guide to Children with Executive Functioning Disorder: Strategies to help your child achieve the time-management skills, focus, ... to succeed in school and life (Everything®).

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