



# Plants as a Source of Natural Antioxidants

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## Plants as a Source of Natural Antioxidants

A comprehensive overview of both traditional and current knowledge on the health effects of plant based antioxidants, this book reviews medicinal and aromatic plants from around the world. It covers the different sources of antioxidants including essential oils, algae and marine microorganisms, as well as the role of abiotic and biotic stresses, endophytes, transgenic approaches in scavenging ROS and antioxidant plants used in different therapeutic systems.

\* Provides basic information on antioxidant plants comprising different sources, role of different abiotic and biotic stresses, endophytes, mycorrhizal fungi in development of antioxidant compounds in plants, transgenic approaches in scavenging ROS, as well as antioxidant plants used in different therapeutic systems

\* Examines the different medicinal and aromatic plants which have the potential to be used as antioxidants.

The book will serve as a comprehensive overview of the traditional as well as current knowledge on health effects of plant based antioxidants. Keeping in view the side effects of synthetic antioxidants, this new text will find a good market in today's world where back to nature movement is advancing

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