



# My Life with Deth: Discovering Meaning in a Life of Rock & Roll

*David Ellefson, Joel McIver*

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**My Life with Deth: Discovering Meaning in a Life of Rock & Roll** David Ellefson, Joel McIver  
One of the hardest headbangers of heavy metal shares his uplifting and empowering memoir about overcoming addiction and discovering a life of faith.

In *My Life with Deth*, cofounder and bassist of Megadeth David Ellefson reveals the behind-the-scenes details of life in one of the world's most popular heavy metal bands. If you're looking for eye-opening revelations, they're here, including the drug habits that brought the band members to their knees.

But *My Life with Deth* is far more than just another memoir of debauchery. Ellefson also shares the story of his faith journey, which began when he decided his only choice for survival was to get free from his addiction.

Whether religious or not, you'll be enthralled and inspired by this tell-all book on discovering meaning in a life of rock and roll. You'll find insightful comments from some of the biggest names in heavy metal, along with universal life lessons. With a delicate balance between humor and earnestness, anyone "can appreciate Ellefson's unpretentious tone and the delightful irony of a serious Christian who helped define seriously heavy metal music" (*Publisher's Weekly*).



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**From reader reviews:**

**Shirley Jones:**

Spent a free time to be fun activity to do! A lot of people spent their down time with their family, or their own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic within the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Can be reading a book is usually option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of book that you should read. If you want to attempt look for book, may be the guide untitled My Life with Deth: Discovering Meaning in a Life of Rock & Roll can be fine book to read. May be it could be best activity to you.

**Nicholas Valles:**

Playing with family in a very park, coming to see the marine world or hanging out with good friends is thing that usually you might have done when you have spare time, then why you don't try issue that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love My Life with Deth: Discovering Meaning in a Life of Rock & Roll, you may enjoy both. It is fine combination right, you still need to miss it? What kind of hang-out type is it? Oh can occur its mind hangout guys. What? Still don't obtain it, oh come on its called reading friends.

**Brenda Villa:**

This My Life with Deth: Discovering Meaning in a Life of Rock & Roll is great reserve for you because the content that is certainly full of information for you who have always deal with world and have to make decision every minute. This specific book reveal it info accurately using great plan word or we can state no rambling sentences in it. So if you are read it hurriedly you can have whole information in it. Doesn't mean it only gives you straight forward sentences but hard core information with lovely delivering sentences. Having My Life with Deth: Discovering Meaning in a Life of Rock & Roll in your hand like obtaining the world in your arm, info in it is not ridiculous a single. We can say that no e-book that offer you world within ten or fifteen second right but this book already do that. So , it is good reading book. Hey Mr. and Mrs. active do you still doubt that will?

**Rebecca Bonnett:**

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