



# **Sex, Orgasm, and the Mind of Clear Light: The Sixty-four Arts of Gay Male Love**

*Jeffrey Hopkins*

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In this ground-breaking work, Tibetan Buddhist scholar Jeffrey Hopkins has adapted Tibetan philosopher Gedun Chopel's heterosexual sex manual *Tibetan Arts of Love* as a gay sex guide. Interweaving ecstatic poetry and prose, Hopkins shows how sexual passion can open the door to spiritual growth.

Hopkins argues that orgasm itself can bring lovers to a powerful level of consciousness. Beautifully written, the techniques show that pinching, scratching, union from the rear, switching roles, thrill cries, and oral sex all have an impact on erotic life. Hopkins concludes with four "ruminations" on the sex-friendly nature of Tibetan Buddhism.

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