



Healing the Heart & Soul: A Five-Step, Soul-Level Healing Process for Transforming Your Life

Michael Mirdad

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This book contains an invaluable secret-a process that leads to deeper healing than most people have ever experienced or dreamed possible. Healing the Heart & Soul offers the essential ingredients for personal, life transformation, as well as providing a deeper understanding as to why some people don't seem to heal. It also covers the roles of forgiveness, mirroring, and miracles in relation to healing. Then it shares the specific technique of the five-step, Soul-Level Healing Process that will, in nearly every case, uncover the "real" cause (or causes) hidden behind any particular challenge or problem (physical, emotional, mental, financial, and even within relationships), thus making room for true transformation and healing. Soul-Level Healing can be defined as "a two-part process of Emptying one's cup of faulty belief systems AND Refilling this cup with new, healthy, and loving belief systems."



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