



# Rescued by a Horse: True Stories of Physical, Emotional, and Spiritual Healing

*Cheryl Dudley*

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## Rescued by a Horse: True Stories of Physical, Emotional, and Spiritual Healing Cheryl Dudley

There is no denying that the emotional bond between horses and the humans who love them can reach mystical proportions, and nowhere is that relationship more evident than in these twenty-four true-life accounts of horses rescuing people. Here is the story of a seventeen-year-old Apache youth whom a horse-rescue project retrieved from drug abuse; a mother whose young son was about to be dragged to his death before the horse recognized the child's plight; a Vietnam veteran with post-traumatic stress disorder whose work with horses keeps him on an even keel; and the owner of a Miniature Horse that serves as a "seeing eye" guide animal. As varied as the stories are, all share the same conclusion: "My horse saved my life."

Originally published in hardcover as *Horses That Saved Lives*.



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