



Mastering the DSM-5: Integrating New and Essential Measures into Your Practice

Mary L. Flett PhD

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The DSM-5 is full of useful tools to take our clients "vitals" ... but how do you use this new resource to shift from "getting information" to "using the results?" Mastering the DSM-5 provides a guide for each of the assessment measures, examples of how they can be implemented for various populations and settings, and suggestions for using evaluation tools with clients. An easy to use resource with case studies and examples, including implementation checklists, templates to chart and measure results, and links to formatted Excel spreadsheets.



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