



Doctoring: The Nature of Primary Care Medicine

Eric J. Cassell

Download now

[Click here](#) if your download doesn't start automatically

Doctoring: The Nature of Primary Care Medicine

Eric J. Cassell

Doctoring: The Nature of Primary Care Medicine Eric J. Cassell

American medicine attracts some of the brightest and most motivated people the country has to offer, and it boasts the most advanced medical technology in the world, a wondrous parade of machines and techniques such as PET scans, MRI, angioplasty, endoscopy, bypasses, organ transplants, and much more besides. And yet, writes Dr. Eric Cassell, what started out early in the century as the exciting conquest of disease, has evolved into an overly expensive, over technologized, uncaring medicine, poorly suited to the health care needs of a society marked by an aging population and a predominance of chronic diseases. In *Doctoring: The Nature of Primary Care Medicine*, Dr. Cassell shows convincingly how much better fitted advanced concepts of primary care medicine are to America's health care needs. He offers valuable insights into how primary care physicians can be better trained to meet the needs of their patients, both well and sick, and to keep these patients as the focus of their practice.

Modern medical training arose at a time when medical science was in ascendancy, Cassell notes. Thus the ideals of science--objectivity, rationality--became the ideals of medicine, and disease--the target of most medical research--became the logical focus of medical practice. When clinicians treat a patient with pneumonia, they are apt to be thinking about pneumonia in general--which is how they learn about the disease--rather than *this* person's pneumonia. This objective, rational approach has its value, but when it dominates a physician's approach to medicine, it can create problems. For instance, treating chronic disease--such as rheumatoid arthritis, diabetes, stroke, emphysema, and congestive heart failure--is not simply a matter of medical knowledge, for it demands a great deal of effort by the patients themselves: they have to keep their doctor appointments, take their medication, do their exercises, stop smoking. The patient thus has a profound effect on the course of the disease, and so for a physician to succeed, he or she must also be familiar with the patient's motivations, values, concerns, and relationship with the doctor. Many doctors eventually figure out how to put the patient at the center of their practice, but they should learn to do this at the training level, not haphazardly over time. To that end, the training of primary care physicians must recognize a distinction between doctoring itself and the medical science on which it is based, and should try to produce doctors who rely on both their scientific and subjective assessments of their patients' overall needs. There must be a return to careful observational and physical examination skills and finely tuned history taking and communication skills. Cassell also advocates the need to teach the behavior of both sick and well persons, evaluation of data from clinical epidemiology, decision making skills, and preventive medicine, as well as actively teaching how to make technology the servant rather than the master, and offers practical tips for instruction both in the classroom and in practice.

Most important, *Doctoring* argues convincingly that primary care medicine should become a central focus of America's health care system, not merely a cost-saving measure as envisioned by managed care organizations. Indeed, Cassell shows that the primary care physician can fulfill a unique role in the medical community, and a vital role in society in general. He shows that primary care medicine is not a retreat from scientific medicine, but the natural next step for medicine to take in the coming century.

 [Download Doctoring: The Nature of Primary Care Medicine ...pdf](#)

 [Read Online Doctoring: The Nature of Primary Care Medicine ...pdf](#)



Download and Read Free Online Doctoring: The Nature of Primary Care Medicine Eric J. Cassell

Download and Read Free Online Doctoring: The Nature of Primary Care Medicine Eric J. Cassell

From reader reviews:

David Anthony:

In this 21st hundred years, people become competitive in every way. By being competitive right now, people have do something to make these survives, being in the middle of the particular crowded place and notice by simply surrounding. One thing that sometimes many people have underestimated this for a while is reading. Sure, by reading a guide your ability to survive increase then having chance to stand than other is high. For you who want to start reading the book, we give you this particular Doctoring: The Nature of Primary Care Medicine book as starter and daily reading reserve. Why, because this book is greater than just a book.

Eldon Hall:

Reading a publication tends to be new life style on this era globalization. With looking at you can get a lot of information that will give you benefit in your life. Having book everyone in this world may share their idea. Textbooks can also inspire a lot of people. Plenty of author can inspire their very own reader with their story or their experience. Not only the storyline that share in the guides. But also they write about advantage about something that you need case in point. How to get the good score toefl, or how to teach your children, there are many kinds of book which exist now. The authors nowadays always try to improve their skill in writing, they also doing some study before they write to their book. One of them is this Doctoring: The Nature of Primary Care Medicine.

Michael Ramsey:

That e-book can make you to feel relax. This particular book Doctoring: The Nature of Primary Care Medicine was multi-colored and of course has pictures on there. As we know that book Doctoring: The Nature of Primary Care Medicine has many kinds or category. Start from kids until teenagers. For example Naruto or Private investigator Conan you can read and believe you are the character on there. Therefore not at all of book tend to be make you bored, any it offers you feel happy, fun and relax. Try to choose the best book in your case and try to like reading this.

Christopher Scoville:

A lot of book has printed but it takes a different approach. You can get it by internet on social media. You can choose the best book for you, science, amusing, novel, or whatever by simply searching from it. It is known as of book Doctoring: The Nature of Primary Care Medicine. You can include your knowledge by it. Without causing the printed book, it might add your knowledge and make an individual happier to read. It is most significant that, you must aware about e-book. It can bring you from one location to other place.

**Download and Read Online Doctoring: The Nature of Primary Care
Medicine Eric J. Cassell #YXECROAM75P**

Read Doctoring: The Nature of Primary Care Medicine by Eric J. Cassell for online ebook

Doctoring: The Nature of Primary Care Medicine by Eric J. Cassell Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Doctoring: The Nature of Primary Care Medicine by Eric J. Cassell books to read online.

Online Doctoring: The Nature of Primary Care Medicine by Eric J. Cassell ebook PDF download

Doctoring: The Nature of Primary Care Medicine by Eric J. Cassell Doc

Doctoring: The Nature of Primary Care Medicine by Eric J. Cassell Mobipocket

Doctoring: The Nature of Primary Care Medicine by Eric J. Cassell EPub