



# **Computing with Windows 7 for the Older and Wiser: Get Up and Running on Your Home PC**

## **(The Third Age Trust (U3A)/Older & Wiser)**

*Adrian Arnold*

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*Computing with Windows® 7 for the Older & Wiser* is a user friendly guide that takes you step-by-step through the basics of using a computer. Written in an easy-to-understand, jargon free language, it is aimed at complete beginners using PCs running on Microsoft Windows® 7.

Inside, you will find step-by-step guidance on:

- Using the keyboard & the mouse
- Navigating files and folders
- Customising your desktop
- Using Email and the Internet
- Word processing
- Organising your digital photos
- Safely downloading files from the Internet
- Finding useful websites and much more



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